



# Mt. Martha Primary School

Mt Martha Primary  
**Principal**  
Mr Martin Page

**Assistant Principals**  
Mr Hugh O'Brien  
Mrs Karen Walker

**Mt Martha Primary  
Contact Details**  
37-55 Glenisla Dve or  
PO Box 139  
Mt Martha Vic 3934

**Reception**  
5974 2800

**Fax**  
5974 3634

**Absentee Reporting**  
*Lodge via Compass parent portal*

**Website**  
[www.mtmarthaps.vic.edu.au](http://www.mtmarthaps.vic.edu.au)

**Email**  
[mount.martha.ps@edumail.vic.gov.au](mailto:mount.martha.ps@edumail.vic.gov.au)

**Office Hours**  
8.30am - 4.15pm  
Monday - Friday

**OSHCP - Out of School Hours Care  
Program**  
0407 438 858  
Coordinator - Gillian Reid

**PSW Uniform Shop at MMPS  
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9.00am - 5.00pm.  
Saturdays 10.00am - 1.00pm

## BANKSIA BULLETIN - July 19, 2018.

*Mt Martha Primary School strives to empower students to be active learners who make a positive impact in a changing world.*

### PRINCIPAL'S REPORT

**Welcome Back** - for the start of Term 3. I hope everyone had a restful holiday and enjoyed the chance to catch up with family and friends. We certainly had a cold snap to welcome us back and a nasty rain storm right on pick up time on Tuesday! Once again the students are to be congratulated by the way they have enthusiastically moved back in to the routines of school and their learning.

This term we have some terrific events planned to enhance our curriculum and our students' learning and experiences. We always have many upcoming events at Mount Martha Primary School and, as it is easy to miss something in a busy term please, continue to read our "Coming Events" calendar in the newsletter and on Compass, subscribe and regularly engage with the classroom blogs and action Compass email and SMS notifications and reminders. Once an event has passed the due date you will no longer have access to consent and pay online. Ensuring you pay and/or consent by the due date will save a trip to the Office and assist in our planning and running of the event.

**Update Contact Details** - The start of term is always an opportunity to update the school if any contact details have changed. Compass requires up to date mobile numbers and email addresses for you to receive information. Accurate telephone numbers and emergency contacts are also important to assist quick contact in the event of injury or illness.

**Welcome** - A huge welcome to our new students and families who joined our school community this week: Aquaelia B Year 1, Matt C Year 2 and Tilly J Year 5.

**Staff Changes** - We have had a number of changes for the start of Term 3. Welcome to Mrs Emma Nicholls who is replacing Ms Jenyfer Wallace who retired at the end of Term 2. Welcome also Mrs Marta Reardon who is teaching in Year 2C and 2D and Mrs Bec Gilchrist who is with us part time teaching Art. Mrs Megan Kohlman has commenced Maternity Leave this term.

**Primary Protective Behaviours Program** - This term we will be teaching the Primary Protective Behaviours Program. This is part of our rotation through teaching the You Can Do It Keys to Success and is part of the strategies within the Kids Matter initiative and the Child Safe Standards. Additional information is provided in this newsletter.

**Pupil Free Day Term 3** - Some advance notice that our next Pupil Free Day will be on **Friday 10<sup>th</sup> August**. Reading will be the focus for the day.

**2019 Prep Enrolments** - A reminder that 2019 Prep Enrolment forms and information are available from the Office and are now due. Forms should be accompanied with a birth certificate, immunisation certificate and proof of address.

I am really looking forward to another great term.

Kind regards

Martin Page  
Principal

Our Mission is to ensure high quality and engaging learning program that builds on the capability of every student.

## SCHOOL NOTICES

### Dates to Remember Coming Events



#### JULY

##### **Monday 23rd & 24th**

Art Camp for selected students at The Briars  
8.30am - 6.00pm  
Parents to provide transport

##### **Tuesday 24th**

Division Netball - Senior Team

##### **Wednesday 25th, 8th & 22nd Aug & 5th Sept**

Year 6 Dromana Secondary College Visits  
8.45am - 12.00pm

##### **Wednesday 25th**

Division Teeball

##### **Thursday 26th - Thursday 9th August**

Year 2 Richard Galbraith Cartooning Incursion  
2 sessions

### Dates to Remember Coming Events

##### **Friday 27th**

Division Soccer  
UNSW English Assessment

##### **Monday 30th**

Whole School Maths Workshop Incursion  
9.00am - 3.30pm

##### **Green Hat Workshop**

6.30pm - 8.00pm an evening of Mathematics



#### **TERM DATES: 2018**

<b>Term 1</b>	29th January to 29th March
<b>Term 2</b>	16th April to 29th June
<b>Term 3</b>	16th July to 21st September
<b>Term 4</b>	8th October to 21st December

#### **TERM DATES: 2019**

<b>Term 1</b>	29th January to 5th April
<b>Term 2</b>	23rd April to 28th June
<b>Term 3</b>	15th July to 20th September
<b>Term 4</b>	7th October to 20th December

## 20 18 PARENT OPINION SURVEY

### WE WANT OUR PARENTS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour and student engagement. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

Approximately 30 per cent of parents will be invited to participate in this year's survey. All responses to the survey are anonymous. This year the Parent Opinion Survey will be conducted from **Monday 23<sup>rd</sup> July to Sunday 26<sup>th</sup> August**.

The survey will be conducted **online**, only takes **10-15 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones. The survey results will be reported back to the school at the end of September.

For further information please contact the school office on 5974 2800.

Thank you.

## BEFORE SCHOOL BOOK CLUB STARTING NEXT TERM — BOOKS WANTED

### Magazine, Comics and Books Wanted!

Mt Martha is starting a before school book club this term that will provide an inviting environment for children to read. We are looking for donations of magazines, comics and fiction and non-fiction books that will interest students of differing reading abilities.

If you have any items, please leave in the box near the office or drop off to Mrs Bell's classroom (6B). Any donations would be greatly appreciated.



Thanks,  
Mrs Bell.



## JOURNEY TO 100

# Journey to 100

Mrs O'Connor is running 100km in September.

Be part of the journey. Join her along with students, teachers and parents each morning at jogging club as we all walk, run, or skip 1-2kms each school day.

Meet on the basketball courts at 8:30.

By the end of Term 3 we will have reached 100km together!!



## FIRST AID NEWS

### Head Lice Whole School Approach

Head lice are still around so we have designated the holidays for a whole school approach to the problem. Please check your child's hair for live eggs or lice. Should you find any, there are two choices of treatment:

Chemical: Treat and comb with a head lice comb to remove the head lice and eggs; and repeat in 7 days.

Non-chemical: Use conditioner and comb with a head lice comb to remove the head lice and eggs and repeat every 2 days until no live lice have been found for 10 days.

Head lice need 14 - 17 days to mature to egg laying stage, so if you leave a comb in the shower or bath and comb through the conditioner when you wash your hair each week, you will remove the lice before they are able to lay more eggs and we would soon be rid of this itchy problem.

As per the School Uniform Policy 'For health and safety reasons hair that is shoulder length or longer will be tied back.' As head lice don't jump or fly this will definitely help with stopping the spread of head lice.

Thanks for your co-operation.

Lorraine Stuart

First Aid Officer

## KIDSMATTER NEWS

Dear Parents and Carers,

A key focus of the KidsMatter initiative and the Child Safe Standards framework, is to support students in developing the knowledge and strategies to keep themselves safe in a range of situations. In Term 3 of each year, our school has made a commitment to teaching the Primary Protective Behaviours Program across all year levels, to ensure that all students understand how to recognise and respond to unsafe situations.

The aim of the Primary Protective Behaviours program is:

- ◇ To help protect children and young people because we cannot be with them every minute of the day.
- ◇ To give children and adults permission to talk about problems or difficult situations they face.
- ◇ To empower children with the right to feel safe and act to keep themselves safe.
- ◇ To help students to understand that threats to their safety do not necessarily come from strangers.
- ◇ To provide a safe way of talking about acceptable and unacceptable verbal and physical contact.

The program strategies can provide the basis for helping children to be safe at school and address problems such as bullying. It can also help everyone learn to stay safe from the risks that surround us in everyday life. The program focus is on everyone Feeling safe, Being Safe and Talking about it.

The program is based on two themes:

- ◇ We all have the right to feel safe all of the time.
- ◇ Nothing is so awful that we can't talk about it with someone.

In conjunction with the two themes are the three major concepts of the program:

SAFETY – an individual feeling and a basic right for every person

EARLY WARNING SIGNS – specific physical indicators that alert us to possible risks to our safety

NETWORKING – identifying people to talk to and developing communication skills.

Students will learn to be PERSISTENT and to keep asking for help until they feel safe again. We will also be focusing on the foundation of RESILIENCE during Term 3.

Please contact the Principal, Karen Hodgkins or your class teacher if you would like more information about the program.

Kind regards,

Karen Hodgkins and The KidsMatter Team.



# Supporting children's emotional development

## Understanding and managing feelings

**Children's abilities for recognising, understanding and managing their emotions** are influenced by the ways the adults who care for them acknowledge and respond to their feelings. When children learn to manage their emotions they are also better able to manage their behaviour. Parents, carers and school staff can provide important support and guidance for children's emotional development.

### Helpful ways of supporting children's emotional development:

- Listen and validate the child's emotional experience**  
 Listen to what children say and acknowledge their feelings. This helps children to identify emotions and understand how they work. Being supported in this way helps children work out how to manage their emotions. Some things you might say: *"You look worried. Is something on your mind?"; "It sounds like you're really angry. Let's talk about it."*
- View emotions as an opportunity for connecting and teaching**  
 Children's emotional reactions provide 'teachable moments' for helping them understand emotions and learn effective ways to manage them. Something you might say: *"I can see you're really frustrated about having to wait for what you want. Why don't we read a story while we're waiting?"*
- Encourage problem solving to manage emotions**  
 Help children develop their skills for managing emotions by helping them think of different ways they could respond. Some things you might say: *"What would help you feel brave?"; "How else could you look at this?"*
- Set limits in a supportive way**  
 Set limits on inappropriate behaviour so that children understand that having feelings is okay, but acting inappropriately is not. Something you might say: *"I know you're upset that your friend couldn't make it over, but that does not make it okay to yell at me."*

### Some unhelpful things to avoid:

- Dismissing children's emotions**  
 Telling children not to feel the way they do (e.g., by saying *"Don't be scared/sad/angry"*), can lead children to believe that their emotions are wrong and they are bad for having them. For children to learn how to manage their emotions they first need to be acknowledged and understood.
- Lying to children about situations to avoid emotional reactions**  
 Telling children things like *"It won't hurt a bit"* (when you know it will) can actually increase the emotional reaction. It teaches them not to trust the person who has lied. It is important to communicate with children about difficult situations that affect them in ways they can understand. Providing information to children at their level, with reassurance, helps them work out ways to manage their emotional responses.
- Shaming children for their emotions**  
 Sometimes adults tease children about their emotional responses or try to shame them out of feeling a certain way. Saying things like, *"Why are you crying like a baby?"* or *"You're such a scaredy-cat!"* undermines children's confidence. Instead of helping them to feel brave it leads them to feel guilty for experiencing that emotion.
- Ignoring children's emotional responses**  
 Sometimes adults ignore children's emotional reactions and think that the child will just grow out of it. This communicates to children that their emotions are unimportant and limits their opportunities to learn effective ways of managing their emotions.

This resource is part of the KidsMatter Primary initiative. We welcome your feedback at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)



Australian Government

Department of Health and Ageing





**MT MARTHA PRIMARY SCHOOL**



**OUT OF SCHOOL HOURS CARE PROGRAM**

**PUPIL FREE DAY - FRIDAY 10<sup>th</sup> AUGUST 2018**

**COME AND JOIN US FOR OUR FUN FILLED DAY, MAKING THINGS THAT  
START WITH THE LETTER 'C', COOKING, COUNTRIES, CATS, CARS**



**AND MUCH MORE!!**



**COST: \$45.00 PER CHILD(LESS CCS%)**

**CONTACT: GILLIAN ON 0407 438858 FOR  
BOOKINGS AND AN ENROLMENT FORM  
HOURS: 7.00AM TO 6.00PM**



**CHILDREN ARE TO BRING THEIR OWN MORNING TEA AND**



**LUNCH**

**BREAKFAST AND AFTERNOON TEA ARE SUPPLIED**

**BOOKINGS CLOSE ON FRIDAY 3<sup>RD</sup> AUGUST!!!**




# NOTICEBOARD

## SCHOOL EVENTS COMMITTEE

*Come and be part of the fun*

**GET READY!**

There is plenty to look forward to this term including our fabulous Trivia night, Fathers Day Breakfast and the school Footy Day lunch.

Keep an eye out for our posters around the school and on the  [Mt Martha P.S. Social Noticeboard page](#) outlining dates and details for these events – information will also be sent via the Compass app.

**The Trivia night** is a very popular fundraiser for the school and this year will be held in the school gym. An 80's inspired evening our Trivia Master / school dad **Scott Mackay** will take us on a memorable trip as we test our trivia knowledge of then and now. So, think about getting your friends organised to form a table (max 10 per table) – will you have the most memorable 80's food or be the best themed /dressed table??? I hope so. See flyer for more details.




**It's a Wrap!** - Treasured Threads was fantastic and raised over \$2000 for our school. Those who attended to support this event, like me, I think would have been amazed at the work and preparation that had gone into the whole day (thankyou Kirsty Effiong and Team). All money raised is to go towards creating a new space in the library for our students.

### SEC Meetings:

AM Crew: Fri 20<sup>th</sup> July, 9.30am @ via Battisti  
(pm meeting was held 18<sup>th</sup>)

**PM Crew: Wednesday 15<sup>th</sup> August, 7pm Staff Room**

 Michelle & the SEC Crew.

 Mt Martha P.S. Social Noticeboard







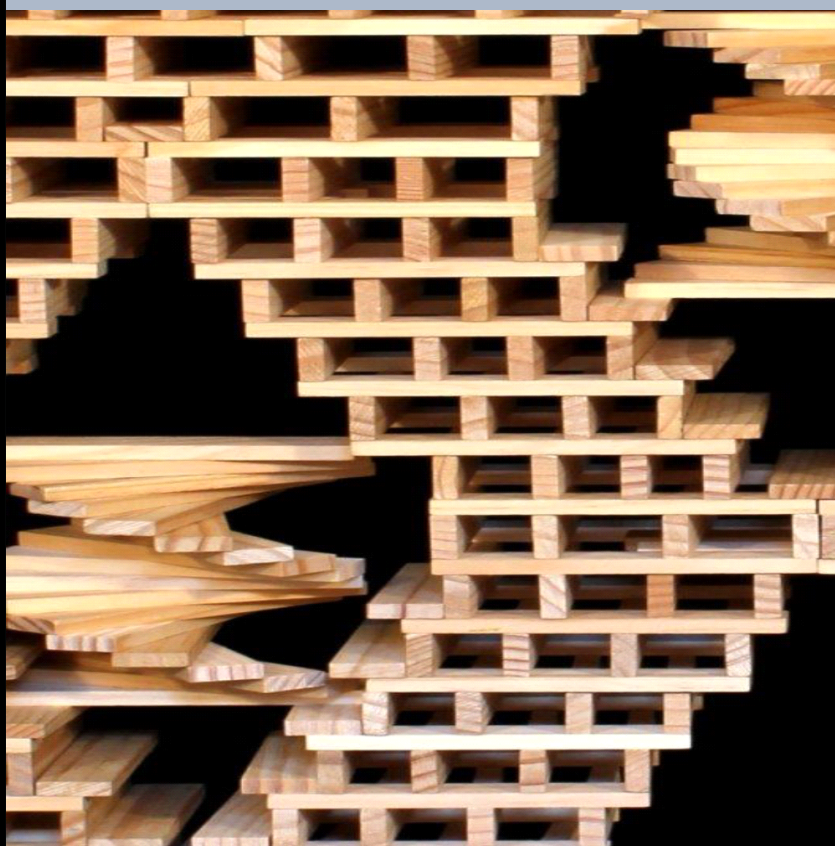
**Trivia Master – Scott Mackay**  
**Saturday 25th August**

**@ Mt Martha Primary School**

**6.30pm start**

*Bookings via Compass App*

 *Mt Martha P.S. Social Noticeboard*



MONDAY

30TH

JULY 6:30-8PM

Mount Martha Primary and Green Hat Workshops are excited to host an evening of Mathematics! Come and explore the world of Maths with a range of exciting and engaging activities.



### Mount Martha Maths Evening!

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Parents, carers and students are invited to come and enjoy a range of play based open ended maths activities! From planks to dice games.

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Work your way from Prep to Year 6! Students who visit every room and have their passport stamped will be eligible to enter a prize draw!

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Come in mathematics inspired fancy dress!

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See you there!



Knowledge, Respect, Integrity,  
Collaboration.





## Over 224 children in Frankston need a safe and loving home and this number grows daily.

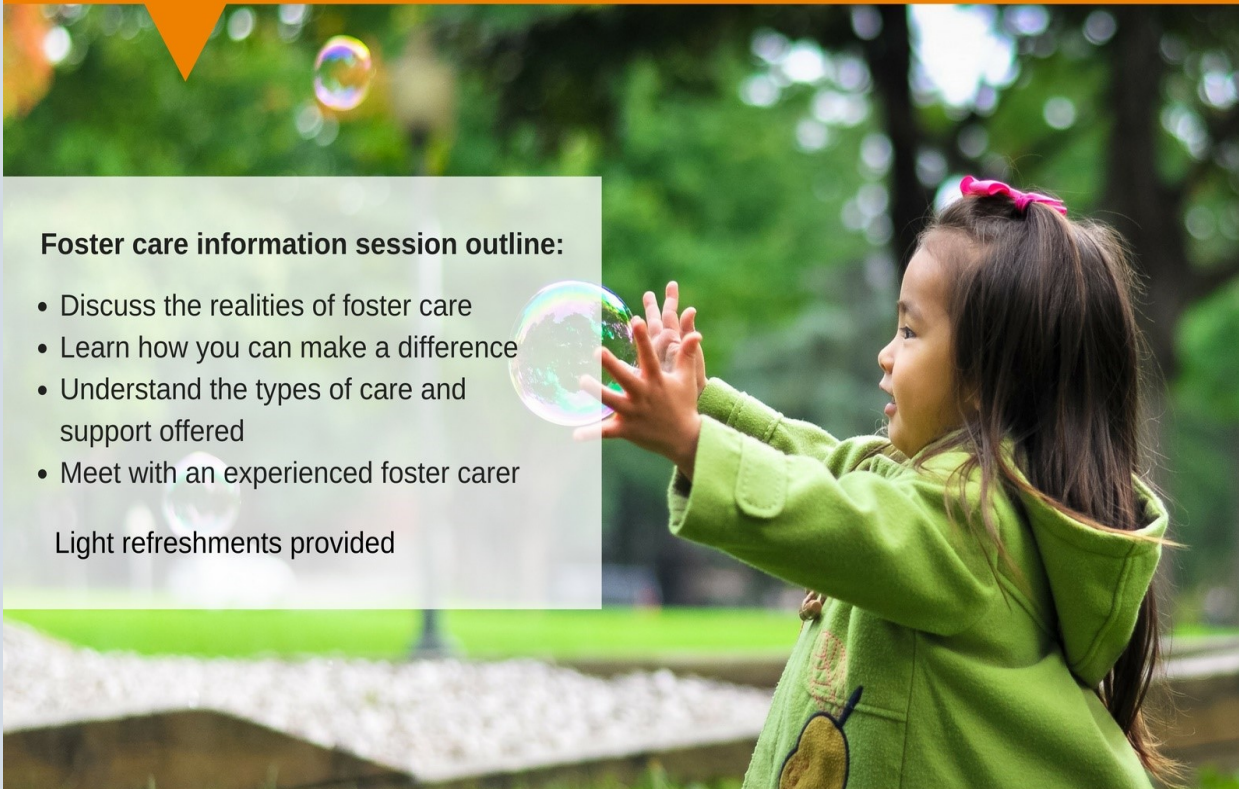
Foster carers are urgently needed to help vulnerable children for a night, a week or longer.

Foster Care Information Session  
Tuesday August 14

### Foster care information session outline:

- Discuss the realities of foster care
- Learn how you can make a difference
- Understand the types of care and support offered
- Meet with an experienced foster carer

Light refreshments provided



Tuesday August 14, 2018  
6.30-8.30pm



OzChild  
Frankston Landmark Corporate Centre  
Level 3, 454-472 Nepean Highway

Please RSVP at:

[fostercarerecruitment@ozchild.org.au](mailto:fostercarerecruitment@ozchild.org.au)  
1800 954 550

Learn more at:

[ozchild.org.au/foster-care](http://ozchild.org.au/foster-care)

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